



MIDDLE COUNTRY CENTRAL SCHOOL DISTRICT
AT CENTEREACH
8 43RD STREET • CENTEREACH, NY 11720
631-285-8650 • 631-285-8151 (fax) • www.mccsd.net

Roberta A. Gerold, Ed.D., Superintendent of Schools
Francine McMahon, Deputy Superintendent for Instruction
Beth Rella, Ed.D., Assistant Superintendent for Business
James G. Donovan, Assistant Superintendent for Human Resources
Joseph Mercado, Director of Health, Physical Education & Athletics

Dear Parent/Guardian:

As part of a required school health examination, a student is weighed and his/her height is measured. These numbers are used to figure out the student's body mass index or 'BMI'. The BMI helps the doctor or nurse know if the student's weight is in a healthy range or is too high or too low. Recent changes to the New York State Education Law require that BMI and weight status group be included as part of the student's school health examination. A sample of school districts will be selected to take part in a survey by the New York State Department of Health. Our school has been selected to be part of the survey, and we will be reporting to New York State Department of Health information about our students' weight status groups. Only summary information is sent and it will be from the 2022/2023 school year. No names and no information about individual students are sent. However, you may choose to have your child's information excluded from this survey report.

The information sent to the New York State Department of Health will help health officials develop programs that make it easier for children to be healthier.

If you do not wish to have your child's weight status group information included as part of the health Department's survey this year, please print and sign your name below and return this form no later than December 15, 2022.

School Nurse: _____ Phone Number: _____

Please do not include my child's weight status information in the 2022-2023 School Survey.

Print Child's Name & Date

Print Parent's Name Parent's Signature

Sincerely,

Joseph Mercado

Director Health, Physical Education & Athletics